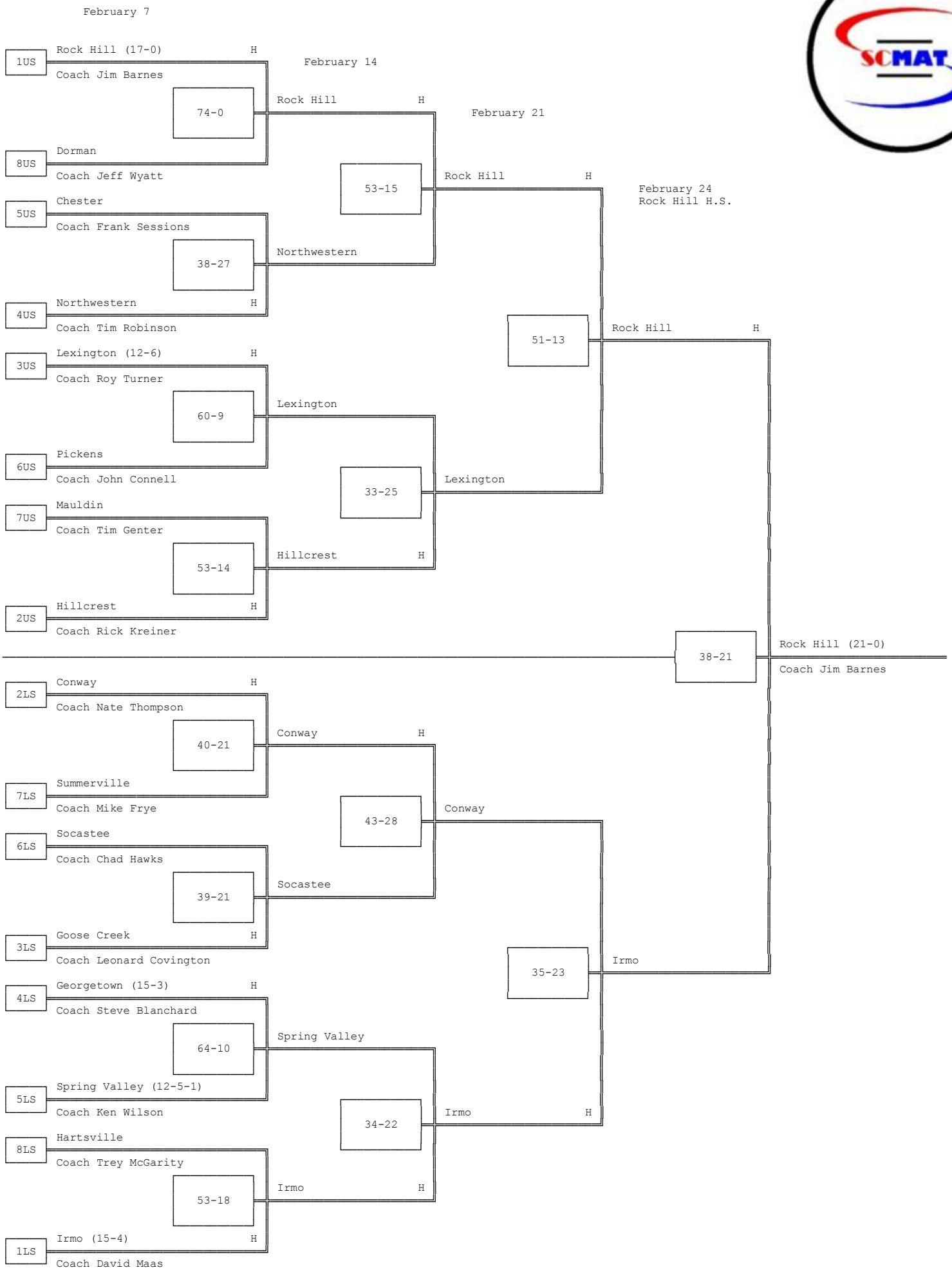1996 4A South Carolina High School State Duals Wrestling Tournament